



# mental health & wellbeing local

Brimbank

Free mental health and wellbeing treatment,  
care and support is available for people aged 26  
and over who live, work or study in Brimbank.

No referral or Medicare card is needed.



everyone is welcome at **cohealth**

Speak to our team of highly experienced mental health workers to find out how you can get the support you need.

**Get access to:**

- treatment and therapies
- person-centred wellbeing supports
- education, peer worker support and self-help
- client-led care planning and coordination with other service providers
- support with drug dependence



**the cohealth centre, Brimbank**

45 Dickson St, Sunshine.



**Monday – Friday**

8.00am – 6.00pm



Call

**(03) 9448 5522**



For more information go to

**[www.cohealth.org.au/Brimbank-local](http://www.cohealth.org.au/Brimbank-local)**



Free interpreter service  
available or call **131 450**



In partnership with:

Clarity Health Care

University of Melbourne