## get help with your child's asthma

Families who live in the north or western regions of Melbourne can access free education and support for their children aged 1-17yrs with the cohealth **Community Asthma Program.** 

## Support can be provided as a home visit, at one of our local clinics, or by telehealth.

Asthma Nurse Educators can support you to understand your family's individual goals and provide support to:

- identify triggers
- manage medication
- learn how to use asthma devices
- understand and follow your child's **asthma action plan** and when to go to a GP, hospital or call 000
- talk to your child's school, childcare or GP

## To book an appointment





Ber more information scan the QR code

Or visit us online at www.cohealth.org.au/cap

